



Served with organic Spring Mix Salad and a Slice of Baguette

Omelettes

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Pesto "Green Eggs and Ham" Scramble & 11.25

Organic Eggs, Black Forest Ham, Pesto and Parmesan (Contains Pine Nuts and dairy)

Mushroom & Pancetta Scramble * 11.25

Organic Eggs, Pancetta, Mushrooms, Parmesan, Scallions

Feta Scramble * 11.25

Organic Eggs, Feta Cheese, Sundried Tomatoes, Arugula

Sreakfast Entrees

Egg Dishes Served with organic Spring Mix Salad and

Eggs Benedict

Organic Soft Poached Eggs*, Black Forest Ham, Asparagus, Lemon Béarnaise Sauce*, served on a croissant

Vegetarian Eggs Benedict 11.25

Organic Soft Poached Eggs*, Asparagus, Lemon Béarnaise Sauce* served on a croissant

Croissant Sandwich 11.25

Scrambled Eggs, Cheddar, Nitrate-Free Bacon

Quiche 11.50

Flavors Change Daily, See your Server for Details

Chilaquiles * 11.25

Over-Easy Eggs*, Fried Corn Tortillas, Spicy Tomato Sauce, Queso Fresco

11.75 **Breakfast Tacos**

Organic Scrambled Eggs, Chorizo, Tomatoes, Feta, Red Onion, Salsa Verde, Cilantro, Corn Tortillas

Vanilla Challah French Toast 11.25

Crème Anglaise, Choice of Caramelized Pecans and Bananas or Fresh Berries

Fresh Berries, Ricotta Cheese, Berry Coulis,

Crème Anglaise, Caramelized Pecans

Old World Porridge �

Cultured Oats Served with Brown Sugar and

Fresh Berries

Organic Eggs

Seasonal Produce

Organic Produce

Local Organic Honey

Hormone-Free Amish Chicken

Nitrate/hormone/Antibiotic Free Deli Meats

Two Organic Eggs � Served Any Style* With bacon and potatoes

Indicates gluten-free menu options. On omelette meals omit the baguette.

Spinach and Chèvre Omelette *

11.50

Organic Eggs, Spinach, Roasted Tomatoes, Chèvre

Roasted Red Pepper Omelette *

11.50

Organic Eggs, Swiss, Avocado, Romesco (Contains Almonds)

House Cured Wild-Caught Salmon Omelette❖ 12.00

Organic Eggs, House Cured Salmon, Cream Cheese, Chives, Tomatoes, Red Onion (Salmon is served cold and is cured

with salt)

Ham and Asparagus Omelette �

Organic Eggs, Aged Cheddar, Asparagus, Black Forest Ham

Sandwiches

Sub a Cup of Soup for \$2.50

True Food Burger

12.00

12.00

Organic Ground Beef*, Tomato, Onion, Lettuce, Kaiser Roll,

Choice of Cheese: Cheddar, Bleu, Swiss

With Nitrate-Free Bacon 14.00

Reuben

Corned Beef, Sauerkraut, Swiss, Russian Dressing,

Served on a Soft Pumpernickel Pretzel

French Dip 12.00

Roast Beef, Caramelized Onions, Provolone, Au Jus, Served on Sourdough Baguette

Soups and Salads

House Made, Varies Daily

Cup 5 / Bowl 7 / Entrée 9

single 8.25 / entrée 12.00 Cherry Walnut Salad❖

Organic Spring Mix, Dried Michigan Cherries, Walnuts,

Parmesan, Balsamic Vinaigrette

Berry Salad❖ single 8.75/ entrée 12.50

Organic Spring Mix, Strawberries, Blueberries, Blackberries, Caramelized Pecans, Chèvre,

Raspberry Coulis, Balsamic Gastrique

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House Made Organic Breakfast Sausage Nitrate-Free Bacon 5 **Roasted Garlic Potatoes Fresh Berries** Yogurt Parfait ❖ yogurt,berries,granola,honey (contains dairy) 8 **House Made Granola ❖** (Contains Almonds) with raisins

All of the water we use for baking, cooking and table service is filtered and free of chlorine, fluoride and other toxins

11.25

8

8

12

Prairie Bluff Farms

Amdar Distributers

Farmer's Market

Jacobson Bros

Marchese Inc.

B's Honey Bering Bounty

PLEASE REFRAIN FROM USING LAPTOPS, CELL PHONES AND TABLETS IN THE RESTAURANT

Thank You

Organic Fair Trade Tea Organic Beef Organic Fair Trade Coffee De-rangements Unique Flower Arrangements Custom Woodworking & Table Tops Granite & Marble Counter Tops Interior Design & Feng Shui

Rishi Tea Mid West Meat Co-op True Coffee Terence Gilles Tom Ellenbecker Madison Block and Stone Jackie Patricia

Organic Herbs picked daily from La Brioche True Food garden when in season

^{18%} gratuity may be added to parties with separate checks or parties of 6 or more.

^{*} Eggs served over-easy, poached, sunny-side-up, or soft-boiled and hamburgers and steaks served rare or medium-rare may be undercooked and only served upon request., Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.